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**Cc:**

**Subject:** Your Savvy Newsletter



## Savvy Newsletter

Mid-May, 2010

Life is so daily, but we can get so caught up in what has to be done, what should be done, how to do this and that.....so today, now, take a deep breath and relax into this now; this moment. Doesn't that feel better? And now, read our May newsletter!

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### What do you Want?

by Victoria Michaels, CFSP

It has been such a wonderful and powerful experience for me to teach the **Your Best Year Ever** class here in Peoria. I get to watch people take positive actions to redefine themselves and begin attracting what they want into their lives. It all begins with one simple question:

What do You Want?

We always know what we don't want, and we are really good at focusing on that aspect. We give lots of energy and time complaining, whining and dwelling in what's wrong. This leads to vicim-mindedness and egoic behaviors that make something wrong so we can perpetuate our suffering. When you take 100 percent responsibility and accountability for the quality of your life, you put yourself in the position of complete empowerment by establishing your own identity, self worth, and happiness. When you've done this, you no longer look outside of yourself to determine your value. You no longer look outside of yourself to find blame. You look inside and say "What is this here to teach me?"

Each moment in life is an opportunity to tap into your limitless ability to manifest whatever you desire. You choose your attitude and outlook towards life. That outlook serves as a powerful force that begins the manifestation process.

When you truly acknowledge the value of each new, creative moment, you



"I cannot be separated from God the Giver, therefore, I cannot be separated from God the Gift. The gift is God in action. Get the realization that every blessing is *Good in action*, and see God in every face and good in every situation: This makes you master of all conditions."

-Florence Scovel Shinn, excerpt from 'The Secret Door to Success'

tap into your limitless ability to manifest whatever you desire! Embrace each moment as a new opportunity in which you can release the past and your stories about what happened, and create again. Your current level of awareness - what you're thinking, feeling, and expecting to happen - serves as the catalyst that determines the people, circumstances and outcomes that appear in your physical reality.

Ask yourself if your present choices honor what you want. Do they enhance your self of self and reflect a sense of authenticity? Do they honor your integrity? Do they support your dreams, passions, and truest intentions for the future? What is the pay-off for your present choices and is that pay-off worth it?

Every moment offers you the opportunity to choose again! You can expand your perception of people, events, and circumstances, shift your energy, and experience harmony right now! This is your ever-present option! Remember that A Course in Miracles defines a miracle as a shift in perception. How can you have a miracle every day? Choose to see the blessings in everything around you, even that which you call bad or painful. Nothing is happening TO you; it is happening FOR you. Asking what is this situation here to teach me, and what is right about this will change your outlook and therefore your experiences fundamentally.

Ultimately, you are the only one that can assume responsibility for your experiences, your level of fulfillment, and your choices. As you begin to fully embrace your power, from the inside-out, the world around you will begin to change and reflect back to you the joy, passion, enthusiasm, and success that are in energetic harmony and alignment with the beautiful soul that you truly are and are meant to be.

The real power to manifest your dreams lies within YOU. Don't ever give that power away by allowing someone or something else to be responsible for your reality. You deserve to experience outrageous joy in life. BE the creator of your destiny. Begin today!

Blessings,  
Tori

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**I just want to remind you that creating transformation is simple ~ it only requires a commitment to see things from a different perspective. One of the best ways to see yourself differently is to hire a life coach. Contact me for details on a coaching program for you at 314-791-4229 or [tori@savvysolutionsinc.net](mailto:tori@savvysolutionsinc.net)**

## **Have You Had Your Feng Shui Today?** **by Justin Michaels and Tori Michaels, CFSP**

Since May is the month of graduations and thus new opportunities, I thought we would discuss Feng Shui's relation to the career and life path. The front center section of your home, in the words of author Sharon Stasney, actually "governs beliefs about what we can accomplish in the world." Often, this section is the entryway to your home. While we will



*"I believe the choice to be excellent begins with aligning your thoughts and words with the intention to require more from yourself."*

- Oprah Winfrey

concentrate on the Journey/Career gua, keep in mind your career is invariably interconnected with the other sections of your house as well, specifically fame and reputation, prosperity, and skills and knowledge.

<b>WEALTH &amp; PROSPERITY</b> <small>Purple, Blues, Reds</small>	<b>FAME AND REPUTATION</b> <small>Reds, Oranges</small> <small>Fire Element</small>	<b>LOVE AND RELATIONSHIPS</b> <small>Pinks, Reds, White</small>
<b>FAMILY &amp; PHYSICAL HEALTH</b> <small>Greens, Floral, Stripes</small> <small>Wood Element</small>	<b>SPIRITUAL HEALTH &amp; WELL BEING</b> <small>Yellows, Earth Tones</small> <small>Earth Element</small>	<b>CHILDREN &amp; CREATIVITY</b> <small>White, Pastels</small> <small>Metal Element</small>
<b>KNOWLEDGE AND WISDOM</b> <small>Blues, Greens</small>	<b>CAREER</b> <small>Black</small> <small>Water Element</small>	<b>TRAVEL AND HELPFUL PEOPLE</b> <small>Grays, Silver</small>

Feng Shui Bagua

First you need to Feng Shui the career and life path of your home. Water is very important: it will purify and shift energies to get your career moving. So add water in the form of a fountain, or symbols of water, such as ocean pictures, in this area. Use the color black or dark blue when decorating. Black and white pictures are great. Do not use any Earth-based items such as squares, muddy or earth-tone-colors, because you don't want your career to get stuck in the mud. Mirrors at eye level will also increase the energy of light by bouncing it around, so the energy in your career will also increase in response. Finally clear away any clutter in this area, and make the windows shine so the sun can easily brighten your career. You want to be happy with this section, if you want to be happy with your career.

Visualization and knowing what you want is important with careers. If you do know what you want from your career, then take the time to write these things down. Transforming thoughts into words give them more power, and let's the universe know exactly what you want. If you don't know exactly what you want in a career, then write down the feelings you want your career to give you. Immerse yourself in these feelings while you're writing them. If you know what you want put some of these items in your career and life path section. For example, if you want to be a musician, then put an instrument in this gua. Placing these things in this section will also be a constant reminder and motivation.

In conclusion, I challenge you to meet nine new people a day for nine days. After nine days, you will have met 81 new people. This networking will do amazing things for you, even if it doesn't directly affect your career, it will affect your social confidence.

**Using Feng Shui to support your intentions is a powerful tool!**

**Call today for a Savvy Solutions Feng Shui consultation in your home or office!**

**636-227-3987 or 309-686-8100**

**Savvy Events Calendar**



**JUNE:**

Life Coaches Tori Michaels and Jana Fleming will be partnering to offer a powerful 8-week Tele-Course that will help you get unstuck from your "stories" and move you into what is possible in your life. Watch for more information about this powerful Tele-Class.

**JULY:**

**Saturday, July 10:** Join Intuitive Life Coach, Tori Michaels for "Discovering Your Intuitive Self," a class designed to help you identify your quiet intuitive voice and discern it from your busy head voice. The class will begin at 10 a.m. and go until 4 p.m. with a break for lunch. Cost for class is \$60. For more information, please call Tori at 314-791-4229.

**ONGOING:** The YBYE Masterful Manifesting Mastermind Group will meet on Wednesdays at 6:30 p.m. beginning Wednesday, May 26. For location information, please contact Tori at 314-791-4229

## YOUR BEST YEAR EVER!!!

What if 2010 really could be the best year of your life?

No matter what has happened in the past, this year can (and will) be amazing! Join Certified Feng Shui Practitioner and Life Coach, Tori Michaels, in this eight-week intensive class to learn how to propel your intentions, blessings and love into the coming year!

**Watch for the next session of this powerful series to begin again in the fall!!!**



### Thank you.

Welcome to our new subscribers and thank you all for being a part of our monthly newsletter. We love connecting with you energetically in this way! We are honored when you forward our newsletter to your friends, so keep it up! Keep in touch with us and let us know about your blessings and your questions! Stop by our web page at [www.savvysolutionsinc.net](http://www.savvysolutionsinc.net) to find out more about all that we do!

Find us on Facebook 

Blessings, Tori and the Savvy Team