

"If you were going to die soon and had only one phone call you could make, who would you call and what would you say? And why are you waiting?
~Stephen Levine

on. We love these things so we take care of them. How are you being loving to yourself? What do you do on a daily basis to truly connect with your Divinity and honor yourself as the holy entity that you are?

Begin to take a look at your way of treating yourself. Where are you utilizing love substitutes? Evaluate your food, water, air, who and what you listen to, what you watch, what you read, your choices and daily practices. Where can you reduce the substances, behaviors and information that are not serving you, and replace them with what does? Often it is a matter of getting out of your comfort zone and trying something new.

Take a few minutes today and look into the mirror and say these words looking deeply into your eyes: 'I am completely loved. I am completely loveable.' Know that you are the beloved and when you see the beauty that is essentially who you are, you will never look in the outer world for love again. Once you have arrived at this truth you can then share the love that radiates from within you with the world.

This Valentines Day may you be reminded that in order to have more love in your life you must first turn within and allow spirit to shower you with unconditional love and acceptance that is always there waiting for recognition. It's up to you how much love you want to receive.

With a heart full of Love for myself and YOU,
Tori

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I just want to remind you that creating transformation is simple ~ it only requires a commitment to see things from a different perspective. One of the best ways to see yourself differently is to hire a life coach. Contact me for details on a coaching program for you at 314-791-4229 or tori@savvysolutionsinc.net

Love: How to Enhance it, How to Attract it!

by Victoria Michaels, CFSP



Love is the energy we all need for our well-being. We learn the most valuable lessons as human beings and grow the most through our intimate relationships.

Feng Shui can be described as the art

of arranging your space in order to bring about desired changes in your life and circumstances. If you are single and looking for that special someone, what better time than with the approaching Valentine's Day to set your Feng Shui environmental affirmations.

If you want to attract a new romantic partner you need to ask yourself one question. Am I willing to make room in my life for this person? Having your closet jam-packed is a sign that you're not ready to share your life with someone else. Look at your closets, shelves, and dressers; if they are all filled to capacity, making some room for your future partner is a priority. Put last season's items into storage, donate clothes that don't fit to charity and rid your wardrobe of things you don't love. Empty out one of your dresser drawers, and leave some empty hangers in the closet. When you demonstrate you are willing to share your space with someone special, your romantic prospects will soar.

Where will this person park? Do you park your car in the middle of the garage, or do you leave space for a guest? Do you live in a building with reserved and guest parking? Try parking in the guest parking spot so there is a space for that special someone.

Having only one nightstand or space on only one side of the bed to climb in and out is very symbolic of solitude. Consider the message - "one night stand" which can actually hold you in single status. Position matching nightstands and lamps on both sides of the bed. In a relationship, if one partner is without a side table, or has a smaller table, there will be inequality in the relationship, which will form resentments and tension. Accessorize in pairs or multiples. Hang art depicting romance and unity, which in Feng Shui creates a "couples' energy" as well as a sense of balance and abundance in the room.



*"Some of the biggest challenges in relationships come from the fact that most people enter a relationship in order to get something: they're trying to find someone who's going to make them feel good. In reality, the only way a relationship will last is if you see your relationship as a place that you go to give, and not a place that you go to take."
-Anthony Robbins*

The Relationship gua is located in the southwest area and the far right corner of your home as you face into your home. Therefore, you want to make this area as romantic as possible. Consider building a "shrine to love" in that spot. Accessorize a table, dresser or shelf with a photo of you and your mate (or other art depicting your ideal relationship), a pair of candles, a book of romantic poetry, a piece of rose quartz and your love affirmations.

Have you found and demonstrated closure with past relationships? Go through your home, especially your bedroom and remove anything that reminds you of ended relationships. No matter how incurable a romantic you may be, do NOT keep old love letters or pictures of you and a

former lover anywhere in your bedroom. If you have married recently, consider a new bed and bedding.

Remove childhood toys and family pictures, even those of your children from the bedroom. If your love life is going to thrive, this space is exclusive for you and your partner. Remember that the bedroom is for Rest, Relaxation, Rejuvenation and Romance. Whatever is in your bedroom symbolizes what you are in relationship with. So, no computers, televisions or exercise equipment in the bedroom!

Although some of these changes require a lifestyle adjustment, you'll be surprised at how effective they are. Once your love life starts gathering steam, these changes will seem very small indeed.

Using Feng Shui to support your intentions is a powerful tool!

**Call today for a Savvy Solutions Feng Shui consultation
in your home or office!**

636-227-3987 or 309-686-8100

**We now have a Facebook Fan Page! Click
on the link to join us:**



Savvy Calendar

YOUR BEST YEAR EVER!!!

What if 2010 really could be the best year of your life?

No matter what has happened in the past, this year can (and will) be amazing!
Join Certified Feng Shui Practitioner and Life Coach, Tori Michaels,
in this six-week intensive class to learn how to propel your intentions,
blessings and love into the coming year!

Classes continue each Wednesday evening through March 3
at the Holistic Health Center of Peoria (4809 N. Sheridan Road at Glen)
7 p.m. - 9 p.m.

Suggested donation is \$15 per class, but no one will be turned away for lack of funds.

While attending the entire series will have the greatest impact, join us for any of the classes that you can as each class will have it's own wisdom for you to implement into your life!
For more information or to register for class, call Savvy Solutions at 309-686-8100

Show up with a **B I G** intention for your life!!!



Already a member of the Your Best Year Ever class?

Join our [Manifestations and Miracles Blog](#) and share your stories!



SPIRITUAL MOVIE NIGHTS

Savvy Solutions, Inc. and The Holistic Health Center of Peoria are proud to kick off our new monthly venture: Spiritual Movie Nights. Join life coach, Tori Michaels and Dr. Nicole Lackner as we present compelling films and follow each with open discussions.

Look forward to such powerful films as:

[The Shadow Effect](#) with various teachers

[The Moses Code](#) with various teachers

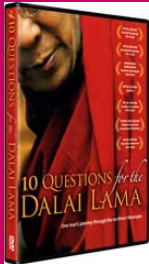
[Living Luminaries \(On the Serious Business of Happiness\)](#) with Marianne Williamson, Michael Beckwith, Eckhart Tolle and many others

[What Dreams May Come](#) with Robin Williams

[Illusion](#) with Kirk Douglas

[Deja Vu](#) with Vanessa Redgrave

Our first film is [Ten Questions for the Dalai Lama](#)



How do you reconcile a commitment to non-violence when faced with violence? Why do the poor often seem happier than the rich? Must a society lose its traditions in order to move into the future? These are some of the questions posed to His Holiness the Dalai Lama by filmmaker and explorer Rick Ray. Ray examines some of the fundamental questions of our time by weaving together observations from his own journeys throughout India and the Middle East, and the wisdom of an extraordinary spiritual leader.

Join us **Thursday, February 4 at 7 p.m.** at the Holistic Health Center, 4809 N. Sheridan Road at Glen.

For more information, call Savvy Solutions at 309-686-8100

Suggested Donation is \$5 which includes light refreshments.



Thank you.

Welcome to our new subscribers and thank you all for being a part of our monthly newsletter. We love connecting with you energetically in this way! We are honored when you forward our newsletter to your friends, so keep it up! Keep in touch with us and let us know about your blessings and your questions! Stop by our web page

at www.savvysolutionsinc.net to find out more about all that we do!

Blessings, Tori and the Savvy Team

www.savvysolutionsinc.net