



As you read this, the actual newsletter, perhaps you will appreciate how powerful Mercury Retrograde is. I apologize for the first mis-send and hope you enjoy this actual version of our newsletter.

*Blessings,
Tori*

Savvy Newsletter

Mid-April, 2010

Feeling some changes, resistance, lots of do-overs? It's Retrograde time again...

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Reprint of "Benefits of Mercury Retrograde"

by Victoria Michaels, CFSP

This Saturday, April 17, 2009, Mercury will slip into retrograde, and will stay there until May 11. First let's look at what Mercury retrograde is, and then look at how to make it work for you. In retrograde, the planet Mercury appears to be moving backward in the sky for a period of approximately 3 to 3 1/2 weeks. "Appears" is the key word because, technically speaking, no planet actually moves backward in their orbits around the Sun. The apparent backward motion of Mercury is called retrograde. Retrograde cycles are essentially illusions that result from our point of view from Earth, simply because the Earth is also orbiting the Sun at a different speed than the other planets. Mercury turns retrograde more frequently than any other planet. Since Mercury represents mind and the Sun represents life as an on-going process, when Mercury slows down (the real meaning of retrogradation) it gives life a chance to catch up to the mind's ideas previously created



Let this sink in deeply...

"Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that frightens us. We ask ourselves, who am I to be brilliant, gorgeous, talented, and fabulous? Actually, who are you not to be? You are a child of God. Your playing small doesn't serve the world.

There's nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to manifest the glory of God that is within us. It's not just in some of us; it's in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear our presence automatically liberates others."

-Marianne Williamson, excerpt from 'A Return To Love'

when Mercury was direct and ahead of the Sun.

During a Mercury retrograde, which occurs at least three times a year for about three weeks, many of us experience times when we have to redo work we've already done, computers crash, software develops unexpected glitches, traffic jams ensue, telephone service snarls up, letters get lost on the mail, machinery breaks down, new projects fail, things get chaotic, and we are thrown off balance. For example, the Bush-Gore 2000 presidential election was held on the day when Mercury retrograde energy peaked.

Here are the precautions you can take during Mercury retrograde:

- If at all possible, avoid signing legal documents during the retrograde.
- Finish projects which involve communication before the retrograde.
- Avoid closing big deals during the retrograde.
- Avoid launching new projects during the retrograde.
- If at all possible, avoid scheduling meetings to make a big decision.
- Allow extra time when traveling.
- Backup your hard drive before the retrograde.
- If at all possible, avoid installing new computer software during the retrograde.
- Do not purchase computers or technology during the retrograde.
- Do needed repairs on machinery before the retrograde.
- Do not hold an election during the retrograde.

Things are seldom as they seem in Mercury retrograde.

Mercury retrograde periods are times when past opportunities are a second chance to see things, experiences, and people in a different way. It is important to be spontaneous, mindful and attuned to the intuitive, or feminine, side of consciousness. Emotions may run high, so try to hold back judgment on the way a thing appears. This is a good opportunity to practice seeing things from a new perspective.

It is an ideal time to:

- **REORGANIZE!!!** You will be supported by retrograde, so go for it!
- Research a new project thoroughly
- Reconsider current methods and ways of doing things
- Gather information
- Reacquaint yourself with old friends or colleagues
- Catch up on paperwork
- Complete projects that you've been putting off
- Update outdated information and reorganize data
- Do follow-ups on a project already started

If it begins with the prefix "Re," it has a chance of being a good thing during this time.

Use this information as you see fit, but remember, you are in

charge of your thoughts and your experiences. Everything is here to serve you. If it comes up, it is coming up to be healed, so ask what you can learn from every experience.

Blessings,
Tori

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I just want to remind you that creating transformation is simple ~ it only requires a commitment to see things from a different perspective. One of the best ways to see yourself differently is to hire a life coach. Contact me for details on a coaching program for you at 314-791-4229 or tori@savvysolutionsinc.net

We now have a Facebook Fan Page! Click on the link to join us:



Have You Had Your Feng Shui Today?



A Savvy Solutions Don't!

Whether you work in a corner office, a cubicle, home-based studio, or anything in between, here are nine quick things you can do today to clear the clutter. A fresh workspace will help you attract new clients, customers, and better career opportunities for Spring.

1. Remove all the outdated notes, phone lists, take-out menus, etc. from your bulletin board and replace them with new ones.
2. Get rid of dried up pens and markers, sharpen dull pencils and get rid of the ones with worn down erasers, and throw out bent paper clips.
3. Clean your computer, including keyboard and monitor.
4. Bundle up your electrical cords and contain them with a twist tie or tubes made to control cords.
5. Dust your desk.
6. Dust your chair.
7. Prune your plants and remove dead leaves; dust silk plants or replace them if they are faded.
8. Remove everything from your shelves and dust; put back only the books and manuals you currently use and recycle the rest.
9. Wash the inside windows so your vision will be clear.

From Feng Shui Quick Guide For Home and Office

Using Feng Shui to support your intentions is a powerful tool!
Call today for a Savvy Solutions Feng Shui consultation
in your home or office!



"New things cannot come when there is no room."

- Marlo Morgan

Savvy Calendar

YOUR BEST YEAR EVER!!!

What if 2010 really could be the best year of your life?

No matter what has happened in the past, this year can (and will) be amazing!
Join Certified Feng Shui Practitioner and Life Coach, Tori Michaels,
in this eight-week intensive class to learn how to propel your intentions,
blessings and love into the coming year!

Classes continue each Wednesday evening through May 20
at the Holistic Health Center of Peoria (4809 N. Sheridan Road at Glen)
7 p.m. - 9 p.m.

Suggested donation is \$15 per class, but no one will be turned away for lack of funds.

*While attending the entire series will have the greatest impact, join us for any of the classes that
you can as each class will have it's own wisdom for you to implement into your life!*

For more information or to register for class, call Savvy Solutions at 309-686-8100

Show up with a **B I G** intention for your life!!!



Already a member of the Your Best Year Ever class?

Join our [Manifestations and Miracles Blog](#) and share your stories!



Thank you.

Welcome to our new subscribers and thank you all for being a part of our monthly newsletter. We love connecting with you energetically in this way! We are honored when you forward our newsletter to your

friends, so keep it up! Keep in touch with us and let us know about your blessings and your questions! Stop by our web page at www.savvysolutionsinc.net to find out more about all that we do!

Blessings, Tori and the Savvy Team

www.savvysolutionsinc.net

