



YBYE

January 3, 2012

The new year is finally here. It's natural to want to make fresh starts, but without help, we often lose momentum. If you want this year to be different: if you want to experience real change, growth and healing, then I invite you to consider the opportunity to join me in Your Best Year Ever.



FROM THE COACH: "Your Best Year Ever"

By Tori Michaels

It's that time of year again: The dissatisfaction you experienced in 2011 has prompted a new set of resolutions, goals and dreams for a better life in the "New Year." That's awesome. But why do less than one percent of us keep our resolutions? If you could understand what was blocking you, or what your underlying belief is, you would have no reason to not be experiencing the life of your dreams.

I created the **Your Best Year Ever** class because I understand that most personal development classes tell us "what" we need to be doing in our lives without exploring the reasons and causes for our self-sabotage. I am passionate about helping willing people to make the shifts necessary to have an extraordinary life. This program combines practical tools and approachability in a way that allows anyone to experience permanent personal transformation in every area of their lives.

As a woman who has experienced tremendous abuse, it would have been easy to succumb to being a victim for the entirety of my life. But let's face it: That's only fun for a while. In 1990, I began an intensive journey of self-discovery. This journey created a vision that involved my ability to teach and share my hard-earned and intrinsic insight with anyone who is willing to have a shift in the way they perceive their lives.

What the Your Best Year Ever 8-week program will enable you to:

- Recognize your "story" and see how it is sabotaging you.
- Utilize a plan of action that will shift how you perceive yourself and others
- Build a solid foundation that will support you in all of your endeavors
- Allow yourself to live the life you were born to live.

Most recently, I experienced some physical challenges that have re-ignited my passion for this class. I'm more excited about this class than any other I've ever taught. I invite you to examine your life, and if you are ready to experience more of what you love, then join me on this amazing journey. (For more information, see the flyer below.)

Blessings,



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I just want to remind you that creating transformation is simple ~ it only requires a commitment to see things from a different perspective. One of the best ways to see yourself differently is to hire a life coach. Contact me for details on a coaching program for you at 314-791-4229 or tori@savvysolutionsinc.net



YOUR BEST YEAR EVER!!!

What if 2012 really could be the best year of your life?

You are really clear on what you don't want.

Are you ready to have a life filled with what you DO WANT?!



Tori designed the "**YOUR BEST YEAR EVER**" 8-week Intensive Class to help you get unstuck now! Utilizing her own "**Lifechange Tools**" method, Tori will give you step-by-step practices to live your dreams:

- ~ Create more income
- ~ Attract more love in your relationships
 - ~ Attract unexpected opportunities
 - ~ Magnetize your health and vitality
- ~ Attract new friends and social situations
- ~ Experience deeper connections with the Divine
 - ~ Release limiting beliefs
- ~ Have peace and fulfillment now, not someday.

The new session of **YOUR BEST YEAR EVER** begins
Wednesday, January 11 at 7 p.m.

at the [Holistic Health Center](#)
(4809 N. Sheridan Road at Glen)

Classes continue weekly through February 29, 2012
Attendance at every class is strongly encouraged, but not mandatory

Cost: \$20 per session

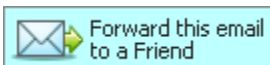
If you attend the first 7 classes, your 8th class is FREE

Returning students receive a 20% discount

Contact Tori now by phone: 309-686-8100 or e-mail tori@savvysolutionsinc.net
to register for class, or to see if this class is right for you.



Thank you for being a member of the [Savvy Solutions](#) family. Thank you, too, for forwarding this e-mail to your friends and people you think would enjoy it.



It would be wonderful to have you join us here, too!



Tori

Tori Michaels
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